



Inside this issue:

President's Message 2

Adventure Travel Festival 3

Trail Lease Extension 3

Omeme Bridge Project 4

Trail Makes Retirement Fun 5

Donor Names 6

KTCTA Information 8

**KAWARTHA
TRANS
CANADA
TRAIL
ASSOCIATION**

c/o Fleming College
P.O. Box 8000
Lindsay, Ontario
K9V 5E6
kawarthatct@gmail.com

Leave a Lasting Legacy This Holiday



By Karen Rosborough

The days have gotten shorter; the trees have become bare. Icy morning frost coats the landscape and a chill nip creeps into the air. There is no denying it; winter is on its way. And so are the winter holidays.

For some people, the holiday season is a favourite time of year. It is a time to visit with friends and family and share laughs and memories. It is a time to decorate, bake, feast and shop. For some, however, the holiday season brings some anxiety and frustration—fighting the store crowds, wast-

ing time in endless checkout lines, and the dreaded “What are we going to get for Aunt Martha *this* year?”

We all have someone on our list who is picky; someone who has everything already; someone who doesn't like the excessive commercialism of the season...and racking our brains trying to think of the perfect gift takes the fun out of the spirit of giving.

Why not avoid some of that stress and do something different this year? Donate to the Kawartha Trans Canada Trail Association in honour of, or in memory of someone special. Your unique, symbolic legacy gift will not only protect

the local natural environment but will preserve a piece of Canadian culture and history for now and for future generations to enjoy. It's a gift for today *and* tomorrow.

Donations of \$50 or more are permanently recognized with inscribed names on the Fred DeNure Donor Wall at Fleming College. Tax receipts are issued for all donations of \$20 and above.

For more information, visit kawarthatranscanadatrail.ca, or email kawarthatct@gmail.com to receive a donation information brochure.



Legacy Gifts Aren't Just for Christmas...

You can donate on behalf of someone special in your life *any* time of the year.

An in memoriam gift is a meaningful way to recognize a loved one who has passed away. And a donation in honour of a family member or

friend is a great way to celebrate someone's achievements, environmental commitments, or personal milestones (birthday, anniversary, retirement...).

Special certificates are sent to gift recipients.

100% of your donation will go directly to the development, operation, protection and promotion of the Trans Canada Trail in the City of Kawartha Lakes.

President's Message



Al MacPherson
President, KTCTA

The continued, unwavering support of Fleming College, and especially Director Linda Skilton, makes our efforts successful.

Thank you, Linda!

At our Annual General Meeting on November 30th, a review of our highlights for 2011 were identified. Here are some of those highlights:

March: Ernest Thompson Seton rededication ceremony of historic plaque located next to the Kawartha Trans Canada Trail, Frost Campus.

April: Sue Kenney, author of *My Camino*, walked the Trans Canada Trail from Peterborough to Lindsay to open the Life Style Show.

April: Earth Day Celebration. In the Great Kawartha Trans Canada Trail Clean Up, all of our managing partners along with local schools did a major trail clean up. Tons of litter and over 75 tires were removed from ditches. CHEX News aired a 30-minute program about the trail, interviewing volunteers and partners.

May: The first KTCTA newsletter was distributed.

June: The new Pickseed Sun Shelter south of Oakwood was opened. The DeNure Donor Wall was updated.

August: The lease for KTCT was extended to 2018. St.Mary's section of KTCT was washed out. Managing Partners and Boy Scouts from Reaboro repaired the trail.

September: Fleming College students assisted the Omemee Lions Club with re-decking the Pigeon River Bridge.

November: Our first "signature fundraising event"—The Adventure Travel Festival—was a success, with over \$6,000 raised!

In addition to those highlights, seven presentations were made to clubs and organization about the KTCT. Three special events were attended to promote the trail. One hundred trail users were interviewed for a trail survey. A Festival website was designed and launched. An email data system was created to distribute information to over 225 registered supporters of KTCT. Our managing partners sent in their inspection forms and repaired minor trail items.

The board of directors, managing partners and the many volunteers and supporters made all this happen. As we move forward into 2012, we will continue to work towards reducing our operating costs, improving our linkage in Lindsay to the east and west, and improving our communication and promotion with the community.

We will be ready for the BIG CELEBRATION in 2017—when the rest of Canada is connected to the best section of Trans Canada Trail located in the City of Kawartha Lakes.

Trail Use and Dogs

There have been different reports from trail users about dogs scaring cyclists and walkers on trails. If you are bothered by a dog, please contact the City By Law Office to report the incident. You can reach the office at 705-324-9411 ext 1212 or email: bylawcomplaints@city.kawarthalakes.on.ca. You will need to provide a description of the dog and give the location of the incident.



Adventure Travel Festival Success

The Adventure Travel Film/Slide Festival, the “pilot” fund-raising event for KTCTA held at Fleming College’s Frost and Sutherland campuses on November 4th and 5th, was a great success. The main speaker—Eric Larsen, who was the first person to ski to the North Pole, ski to the South Pole and climb Mount Everest all in one year—was amazing. His Friday afternoon motivational talk—*Extreme Leadership*—at the Lindsay Golf and Country Club was excellent. All participants (~ 40) were inspired by his goal setting and organiza-

tional abilities. Eric’s *Into the Heart of Cold* presentations on Friday and Saturday evenings were equally inspiring with stories of his quest to reach all three icy destinations beyond belief.

Due to the success of this unique, exciting festival, a second event has been planned for next year’s International Trails Day on June 2nd. Speakers Colin Angus (who rowed a boat across the Atlantic Ocean and cycled 17 countries, and filmed all of it), and Kevin Callan (author of 13 books on

canoeing), will be the presenters. Be sure to check out www.adventuretravelfestival.ca in late January or early February for details.



L to R: Al MacPherson, Eric Larsen & Peter MacLoughlin, Festival Committee Volunteer

Coming Soon...



Adventure Travel Festival

Film & Slide Presentations



June 1-2, 2012

KTCTA Gets Trail Lease Extension

The Kawartha Trans Canada Trail Association (KTCTA) has welcomed the five-year extension of a lease agreement with the province to continue to use its land for the trail.

The land is owned by the Ontario Realty Corporation, but the KTCTA has a lease agreement to use it. The lease extension gives assurances that can lead to further investment in

the trail. The agreement has now been extended to 2018 and the association is already working on a further extension to 2025.

The KTCTA will continue to develop and maintain a key green space that is enjoyed by the community while promoting tourism and economic development in the City of Kawartha Lakes. This exten-

sion will allow our association to maintain and focus on updating, developing and managing a critical link for the Kawartha Trans Canada Trail Association.

It is a community trail; a national trail connecting our beautiful country Canada together.

The longest trail in the world will be connected by 2017.

Fleming Students Work on Omemee Trail Bridge

By Neil Steffler

Although Environment Canada promised nothing but rain, the elements refused to cooperate. Instead, for the two September days the Fleming students of the Outdoor Adventure Skills program (O.A.S.) worked in Omemee on the KTCT railroad bridge, they enjoyed beautiful fall weather: warm sunshine, gentle winds and gorgeous fall colours both on land and in the Pigeon River's reflected waters.

They also enjoyed the project offered to them. This was the badly needed re-decking of the bridge, well worn by time and motorized track. Under the sponsorship of the KTCTA and with the enthusiastic participation of the Omemee Lions Club, the Trail Design and Construction class took on the task of installing hemlock planks the length of the bridge. As with so many trail projects, the actual task of construction wasn't nearly as challenging as the logistics of transporting and maintaining workers, materials and equipment. This involved the bussing of students, the trucking of lumber, and most challenging of all, the establishment of a safe and productive work site for 40 students, their instructors and the many volunteers of the Omemee Lions Club.

At the end of the final day, though—with the skies finally threatening—the project was completed. Jim Paterson and Bill Elliott, KTCTA executive members, estimated that the O.A.S. students' work contribution was the equivalent of over \$10,000 in labour, materials and tools. Knowing this only added to the satisfaction of students and volunteers as they looked at a path of freshly cut hemlock spanning this picturesque point in the trail. Their efforts will ensure enjoyment and security in all seasons for all trail users, for many years to come.



Supporter Profile: Dorothy DeNure

Dorothy DeNure is an avid cyclist who loves the outdoors. She is also a Trail Champion, donating funds to maintain and enhance the Kawartha Trans Canada Trail.

Her generosity has allowed for the creation of a large, beautiful donor wall panel, which includes a photo mosaic and map. The Donor Wall is located at Fleming College, adjacent to the Trans Canada Trail. It is named after her late husband, Fred, who also loved cycling and the outdoors.



**Thank You,
Dorothy!**

Trail Makes Retirement Fun for a Reaboro Couple

By Marnie Callaghan

Fred and Janice Richmond, a recently retired couple living on a small farm near the Village of Reaboro, have found a new hobby and new energy, and they say it's all because of the trail.

Early this spring, Janice looked out her kitchen window and saw her husband doing circles around the driveway on an old dusty bike he had dug out from the back of the barn. With some TLC and a few new parts, Fred "MacGyvered" the almost forgotten bike into good working order. Then he hopped on and went for the first ride he (or the bike) had had in years.

He rode along the Trans Canada Trail, which runs behind the Richmond's farm. He really enjoyed it, so he started taking the bike out almost every day. Janice wanted to join her husband on his daily excursions, so she went out and purchased a brand new bike. They like to go either to Omeme (16 km round trip) or to Lindsay (14 km round trip). "As long as there's food or a coffee at the

other end, I'll go," laughs Janice.

Even before taking up cycling, Janice and Fred were using the trail daily. As soon as the new gravel surface was put down in 2009, they made walking a regular part of their day. Janice remembers, "Our walks were short at first. We had to build up to longer distances." They have gotten in shape, lost weight and feel better now than they did a decade ago.

Fred and Janice were some of the first Reaboro residents to volunteer to help with the trail, picking up garbage on their walks. "We love being out on the trail," says Janice enthusiastically. "We're new to cycling and don't feel comfortable on busy roads. You can cover miles, get lots of fresh air, and it's very low impact on the joints. We love seeing other people out running, biking, horseback riding or walking their dogs. We've noticed the trail getting busier. We've met groups of school kids biking from Omeme to the Reaboro Park. It's great to see."

Janice loves hearing all the sounds of nature, especially the leaves and the birds. She finds the time spent on the trail perfect for clearing her head. It's when she does her planning. She says she comes home with new energy and a list of things she wants to accomplish.

The Richmonds are now wondering what they can do to keep in shape over the winter. Maybe Fred will find some neglected snowshoes hidden away in that barn.

"We love being out on the trail. You can cover miles, get lots of fresh air, and it's very low impact on the joints."



Have You Had an Interesting Experience on the Trail?



Or perhaps you've seen uncommon wildlife during spring or fall migration?

Maybe you've discovered a breathtaking view, or witnessed a random act of kindness...

If so, we would love to hear from you. Contributions to this newsletter are always welcome.

You may send your articles, story ideas, and/or photographs to kawarthatct@gmail.com.

**New Volunteers are
always welcome!**

**See website for details or
email us at**

kawarthatct@gmail.com

DeNure Donor Wall

TRAIL CHAMPION

Barron Cowan
Dorothy DeNure
Ron Fevang
Green Trails Alliance
Kawartha Lakes Community
Futures Development
Haig Kelly
National Trails Coalition
Omemee Legacy C.H.E.S.T.
Ontario Ministry of Economic
Development
PICKSEED
Sir Sanford Fleming College
TD Friends of the Environ-
ment Foundation
Trans Canada Trail
The Ontario Trillium Foun-
dation

In memory of

Dr. Al Lackey
Steven Thompson

In honour of

Hugh Davies

TRAIL MASTER

Achilles Track Club of Peter-
borough
Dr. T. James Cooper
Carole & Bruce Glass
David Holloway
Kawartha Rail Trail
Peter Petrosoniak & Kathy
Boyle
The Siegel Family
Susan & Ed Stephenson
Wylie & Marnie Suggitt

Marian Sweetnam

In memory of

Liz Maxwell (from the Biker
Babes)

In honour of

The Hardy Family
Claire & Jean Morgan

TRAIL BLAZER

Dianne & Ted Abbot
Wayne & Cathy Alldred
Biker Babes
Blewett Printing
Hal & Hilda Bowry
Crayola Canada
Dianne's Country Cooking
Cycle Chicks
Cycling Dudes
Bill & Elaine Elliott
Bruce & Lynne Faulkner
Gayle Golden
Health for Life
Stan & Marion Hill
Kawartha Cycling Club
Kent Florist
Kinsmen Club of Lindsay
Gus & Ruth LaMantia
Lindsay Animal Clinic Pro-
fessional Corp.
Lindsay Lions Club
Jo Anne Lindsay
Barbara MacPherson
Robin & Rosemary
Maughan
Joe & Joyce McGuire

Claire & Jean Morgan

Morris Veterinary Hospital

Gael Morrison

Nicholls – Eleanor
(DeNure), Lawrence, Cath-
erine (Reed), Calvin

Bernie & Lillian Nickerson

Oakwood & District Lions
Club

Omemee & District Lions
Club

Ontario Woodlot Associa-
tion

Pat & Mike O'Reilly

Lou & Judy Probst

path to stillness yoga studio

Payne, Grignon Family

June & Thomas Pick

Bill & Marg Preston

Howard Robinson

Barbara Rose

John Rose

Laurie Scott

Linda Skilton

Ross Smith

Sheila & John Speirs

TD Canada Trust – Ome-
mee

Doris Webster

Ron & Gillian Willcocks

John & Anne Willemse

In memory of

Margaret Fevang

Mr. & Mrs. S.D. Fevang

John Kennedy

Dr. Al Lackey

Marytherese Saigeon

Shane Paul Allan Wood

In honour of

Ted & Dianne Abbot

Dr. Robert Drury

Ainsley & Avery Herr

Laurie & Jamie Lau-
tenschlager

Malone & Jack

Jack M. Murphy

Dale Parks est: 1950

Linda Rutherford & Nancy
Pelletier – St. Andrew's
Youth Fellowship Leaders

Henry & Frederick Stephen-
son

Ellen & Terry Woodward

Erin Woodward

TRAIL MAKER

Carol & Bob Barkwell

Benville Pet Resort

Margot J. Fawcett

Ron & Rose Gibbons

Doug van Hemessen

Joanne & Tom Johnson

Lisa Kaldeway

Kawartha Field Naturalists

Phil LaPenna

Murray Leadbeater

Pete & "Chick" MacLoghlin

John & Brenda Morrison

Pinewood Cottages &
Trailer Park

RHINO

Kathy Simpson

Andris Smits

Sharon (Abbot) Sylvestre

Amy & Tim Whitson

DeNure Donor Wall

In memory of

Dave Allen

Anders Andersen*

Robert E. Bellamy

Shirley Bellamy

W. R. Bunting

Fred DeNure

Susan DeNure

Dr. James I.H. Fawcett

Marg Fevang

Paul Fitzpatrick

Jim Lamantia

David Lankin

Evelyn R. McLean

Peter McNabb

Morgan O'Connell

Grant Saunders

Debbie Simpson

Marjorie Stephenson

Ray Storey

Helen Tripp

Vernon "Pill" Willis

Doug & Brenda Wright

In honour of

Molly Susanna Adams

Clair E.J. Dowdall

Patrick S. Dowdall

Mary C. Ham

Marilyn Heath

Kayla Cathleen Henderson

Dr. Julie Johnson

Joe Kraan Sr.

Adam W. Lackey

Jonathan D.V. Lackey

Luke Alexander Lackey

Zack Lautenschlager

Cassidy J. Murphy

Ellen & Dennis Patterson

Ross Penton*

Barbara Rose

Murray Spence

Lucy A. Stephenson

Karina K. Treiguts

Markus M. Treiguts

Catherine Wasteney

* Names to be inscribed on the Donor Wall in Spring 2012

Donor Wall Categories

TRAIL CHAMPION

(Platinum) \$1,000 and over

TRAIL MASTER

(Gold) \$500 - \$999

TRAIL BLAZER

(Silver) \$100 - \$499

TRAIL MAKER

(Bronze) \$50 - \$99

With each level of donation, a Certificate of Appreciation along with a tax receipt is sent to the donor.



In Memory of Susan DeNure



Susan DeNure was a strong supporter of physical activity, and was an active cyclist. She will be missed riding along the Kawartha Trans Canada Trail.

Her gift to the Kawartha Boys and Girls Club will keep our trail very busy.

What better way to be remembered?

Thank you, Susan. We will miss your smile...

Yesterday is a memory,
Tomorrow is a mystery,
And today is a gift,
Which is why it is called the present.
What the caterpillar perceives is the end;
To the butterfly is just the beginning.
Everything that has a beginning has an ending.
Make your peace with that and all will be well.

--Buddhist Saying

Who We Are

The **Kawartha Trans Canada Association (KTCTA)** is a registered not-for-profit organization with charitable status. Our mission includes the following:

1. To improve the urban and rural environment by developing and maintaining a recreational trail or greenway linking communities.
2. To organize and participate in environmental projects designed to preserve and protect flora and fauna.
3. To educate and increase public awareness, appreciation, and understanding of the environment by offering courses, seminars, conferences and meetings, and by collecting and disseminating information.
4. To promote active and healthy lifestyles by offering courses, seminars, conferences and meetings, and by collecting and disseminating information on the trail's five core uses—hiking, walking, cycling, horseback riding and snowmobiling.

Jack Murphy

At our AGM on November 30th, 2011, Jack Murphy stepped down from the KTCTA Board of Directors. Although he was not the most vocal director at our meetings, when Jack spoke we all listened carefully to his practical insight. Jack will be missed as a director, but fortunately, he will always be a volunteer for the Kawartha Trans Canada Trail. Thank you Jack! The trail is a better place because of you.

A poem for Jack...

Volunteers

*Many will be shocked to find,
When the day of judgment nears,
That there's a special place in Heaven,
Set aside for volunteers.
Furnished with big recliners,
Satin couches and footstools,
Where there are no committee chairs,
No trail clean ups or fundraising activities to do,
No special event duty or trail bridge repairs,
There will be nothing to buy or sell,
Not one thing to install or to move,
Emails for help will be outlawed.
But a finger snap will bring
Cool drinks and gourmet dinners
And rare treats fit for a king,
You ask, "Who'll serve these privileged
And work for all they're worth?"
Why, all those who reaped the benefits,
And not once volunteered for the
Kawartha Trans Canada Trail.*

*--Author Unknown,
Modified by Allen MacPherson*



*Jack Murphy with
Al MacPherson at AGM*

Past Volunteer Award Recipients

Jim Paterson 2009
Bill Elliott 2009
Anne Powell 2010
Ted Abbot 2010
Dan Plancke 2010
Jack Murphy 2011

Board of Directors

Wayne Alldred
Retired Public Accountant

Doug Baker
Farrier, Trapper

John Hagarty
Chief of Police

Linda Skilton
Principal, Fleming College

Marnie Callaghan
Mechanical Draft Person

Allen MacPherson
Part-time University Professor

Kevin Adams
Elementary Teacher, Omemee

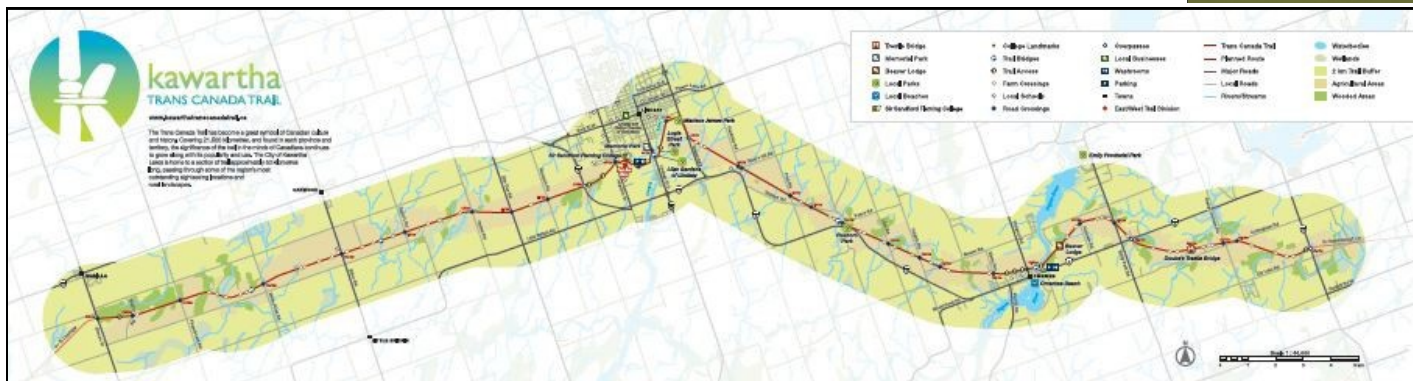
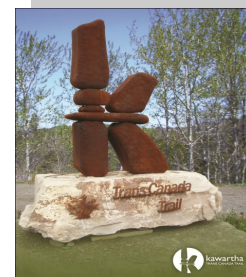
Bill Elliott
Retired Park Superintendent

Kevin Williams
Director Community Services
City of Kawartha Lakes

Ellen Woodward
Registered Nurse

KTCT Map

The KTCTA will upgrade, develop and manage 44 kilometres of trail through the City of Kawartha Lakes. This trail stretches east to west between Peterborough County and the Regional Municipality of Durham and will be a new addition to the national Trans Canada Trail network.



Donor Information

NAME:

ADDRESS:

CITY:

PROVINCE:

POSTAL CODE:

TELEPHONE:

EMAIL:

Please make cheque payable to: **KAWARTHA TRANS CANADA TRAIL ASSOCIATION**

Mail to: Kawartha Trans Canada Trail Association

c/o Fleming College

P.O. Box 8000, Lindsay, ON, K9V 5E3

Tax-deductible receipts will be mailed to the donor.

Is this donation in memory of someone? () Or, in honour of someone? ()

If "YES" please provide the following:

HONOUREE'S NAME:

To whom should notification of donation be sent?

NAME:

ADDRESS:

CITY:

PROVINCE:

POSTAL CODE:

TELEPHONE:

EMAIL: