### Spring Edition 2013



# Adventure Travel Festival, Featuring...

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### KAWARTHA TRANS CANADA TRAIL ASSOCIATION

c/o Fleming College P.O. Box 8000 Lindsay, Ontario K9V 5E6 kawarthatct@gmail.com Ray Zahab Extreme Runner

"We are all capable of achieving truly extraordinary things."

# Don't Miss It! — May 31 & June 1, 2013



# President's Message



Al MacPherson President, Kawartha Trans Canada Trail Association (KTCTA)



Dear Trail Enthusiasts,

As trail season starts up for 2013, and as trail lovers, we have much to be thankful for. Whether you cycle, walk or horseback ride the Kawartha Trans Canada Trail during the summer for personal reflection, gather your family or friends for a weekend cycling ride, or enjoy the serenity of a walk along the trail, you help support the work of the Kawartha Trans Canada Trail Association every time you visit the trail.

This season, as you're making donation decisions, please place a value on what the Kawartha Trans Canada Trail means to you. Help support our trail to keep it free. So that it can be used by anyone to walk, cycle, horseback ride, cross-country ski/snowshoe and snowmobile at no cost. With a donation of \$20 or more you will receive a charitable tax deduction receipt.

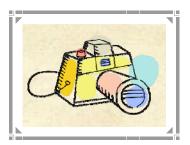
Or, come out May 31<sup>st</sup> and June 1<sup>st</sup>, 2013 to our major fundraising event at Fleming College in Lindsay—the Adventure Travel Festival—and be inspired as you listen to Ray Zahab, an extreme runner, adventurer, ambassador, author, and founder of i2P—impossible2Possible—an organization that aims to inspire and educate youth through adventure learning, inclusion and participation in expeditions. You will also meet some of our local Boston Marathon runners. Your admission fee of \$20 will support the trail.

So whether you do it for yourself, or for a trails enthusiast in your life, please donate \$25, \$50 or whatever amount fits your budget to the Kawartha Trans Canada Trail today to help us continue our work of providing of the best section of the Trans Canada Trail in all of Canada. Donate online <u>www.kawarthatranscanadatrail.ca</u> or download the form and send it to us.

Thanks for your support and happy trails.

al Mac Pherson

# KTCTA Needs You...and Your Camera!



We are looking for photos for our website, brochures, promotional material and posters! Send in your photos of the KTCT, or photos of you and your family and friends enjoying the trail.

Who knows, you may end up being in our publications or on the website!

Send the photos to: KawarthaTCT@gmail.com.

# Spring Is Here!

The snow and ice have finally melted, peeling back the cold blanket that has covered the landscape these past few months to reveal colourful flowers, birds and bees...and the Kawartha Trans Canada Trail. You've been waiting for this moment since the last days of fall, and now it's here! It's the perfect time to kick off the season with a leisurely stroll or bike ride along the Kawartha Trans Canada Trail. So dust off your runners, get the bikes out of the garage, grab the kids or grandkids, your friends and the family dog, and use one of the free things that can be enjoyed by everyone—the Kawartha Trans Canada Trail.



### **INTERNATIONAL TRAILS DAY: June 1st, 2013**



# A Special Thank You to Our Festival Sponsors















THE LINDSAY POST



### Pedaling from Kitchener to New Brunswick!



#### By Marnie Callaghan

We met Ted and Katie Hannah while they were taking a break on an unfinished section of trail between Hastings and Campbellford. My husband, friend, and I were on a day trip. The surface was rough and it was tough slugging for us on our unloaded bikes.

The motivation for Ted and Katie's trip was just to have "a break" from Ted's career as an engineer. Also, as a triathlon competitor he wanted to strengthen what he says is his weakest discipline—cycling. Hoping to find a companion for the journey, he looked to his five children, and twenty-three year old Katie, a student at Western, rose to the challenge. This is the first cycling tour for them both, and an ambitious one. Sticking to trails as much as possible, they hope to cover 1,500 kilometres from Kitchener to New Brunswick in three weeks.

For the most part they are tenting and will take advantage of

Provincial Parks when possible. They have enough food packed for two weeks, but are happy to have the comfort of a restaurant meal occasionally.

They have already put on a lot of miles and were really impressed with the condition of the trail from Manilla to Lindsay to Peterborough. And they were thrilled with the newly finished section between Keene and Hastings. "It was fantastic!" Katie said.

It is for amazing people like Ted and Katie that we need to rally together to complete the unfinished sections of the Trans Canada Trail. Let's connect the dots and make journeys like this more appealing to more Canadians and tourists, too.

After a short visit we said goodbye and headed on our way, feeling sorry for the duo loaded down with so much gear. But about five minutes later we had to pull over to let them pass as they powered along leaving us in the dust!

Thank You, Ron!

# Supporter Profile: Ron Swain

Ron Swain, from Staples and Swain Law Firm, has retired. Ron has been a great supporter of the Kawartha Trans Canada Trail, both financially and with in-kind services. On behalf of all of us involved with the KTCT, thank you, Ron, and happy retirement!

Maybe now that you have a little more time, we hope to see you at some of our events.

[By the way, we tried to get a photo of Ron, but his office and others we contacted could not supply one—talk about being incognito!]

## Thank you Trail Managing Partners!

The Kawartha Trans Canada Trail has 12 managing partners who volunteer their time and effort to help maintain the trail.

It is this type of community involvement that ensures the trail remains safe. Our partners from East to West:

Fowler's Corner District Lions Club Omemee District Lions Club Village of Reaboro Kawartha Lakes Green Trails Alliance City of Kawartha Lakes Parks and Recreation Department Lindsay Lilac Committee Sir Sandford Fleming College Unity Church – Lindsay O'Reilly Family Spokes for Folks Lunney Family Heart of Ontario Snowmobile Club

The KTCTA Board of Directors would like to say **thank you** to **Al Bamba** from the Unity Church for his devotion to maintaining the section of trail from Angeline Street North east to Elm Tree Road, and **welcome** to **Jim Floyd**, his replacement.

### Profile: Fowler's Corner District Lions Club

The Fowler's Corner District Lions Club is a managing partner who has done a lot to keep the trail safe and in good shape between Highway 7 and Emily Park Road.

The trestle bridge is a major feature along this section.

Thanks go out to all the members of the Lions Club, especially Dave Birch (far right in photo).



## DeNure Donor Wall

#### **TRAIL CHAMPION**

Barron Cowan Dorothy DeNure Ron Fevang Green Trails Alliance Kawartha Lakes Community Futures Development Haig Kelly Dorianne Lackey\* National Trails Coalition Omemee Legacy C.H.E.S.T. Ontario Ministry of Economic Development PICKSEED Sir Sandford Fleming College

TD Friends of the Environment Foundation

Trans Canada Trail The Ontario Trillium

### Foundation

#### In memory of

Dr. Al Lackey Steven Thompson

#### In honour of

Hugh Davies

#### TRAIL MASTER

Achilles Track Club of Peterborough Dr. T. James Cooper Elke & Richard Danziger\* Carole & Bruce Glass David Holloway Kawartha Rail Trail Peter Petrosoniak & Kathy Boyle The Siegel Family Susan & Ed Stephenson Wylie & Marnie Suggitt Marian Sweetnam

In memory of Liz Maxwell (from the Biker Babes)

#### In honour of

Margaret Davies\* Ron Fevang\* The Hardy Family Ruth LaMantia\* Claire & Jean Morgan Jan Smith\* Susan Stephenson\* George & Marian Sweetnam\*

#### TRAIL BLAZER

Dianne & Ted Abbot Wayne & Cathy Alldred **Biker Babes Blewett Printing** Hal & Hilda Bowry Crayola Canada **Dianne's Country Cooking Cycle Chicks** Cycling Dudes **Bill & Elaine Elliott** Bruce & Lynne Faulkner Fowler's Corner & District Lions Club\* Gayle Golden **GOODWIN DESIGN\*** Health for Life Stan & Marion Hill

Lindsay Animal Clinic Professional Corp. Lindsay Lions Club Jo Anne Lindsay Barbara MacPherson Robin & Rosemary Maughan Joe & Joyce McGuire Claire & Jean Morgan Morris Veterinary Hospital Gael Morrison Nicholls - Eleanor (DeNure), Lawrence, Catherine (Reed), Calvin Bernie & Lillian Nickerson **Oakwood & District Lions** Club **Omemee & District Lions** Club **Ontario Woodlot** Association Pat & Mike O'Reilly Lou & Judy Probst path to stillness yoga studio Payne, Grignon Family June & Thomas Pick **Bill & Marg Preston** Howard Robinson Barbara Rose John Rose Laurie Scott Linda Skilton **Ross Smith** Sheila & John Speirs TD Canada Trust -Omemee

Kawartha Cycling Club

Kinsmen Club of Lindsay

Gus & Ruth LaMantia

Kent Florist

Doris Webster Ron & Gillian Willcocks John & Anne Willemse

#### In memory of

Margaret Fevang Mr. & Mrs. S.D. Fevang John Kennedy Dr. Al Lackey Marytherese Saigeon Arthur D. Truax\* Shane Paul Allan Wood

#### In honour of

Ted & Dianne Abbot Dr. Robert Drury Ainsley & Avery Herr Laurie & Jamie

Lautenschlager

Malone & Jack

Jack M. Murphy

Dale Parks est: 1950

Linda Rutherford & Nancy Pelletier – St. Andrew's Youth Fellowship Leaders

Henry & Frederick Stephenson

Ellen & Terry Woodward Erin Woodward

#### TRAIL MAKER

Carol & Bob Barkwell Benville Pet Resort Conservative Party, Haliburton-Kawartha Lakes-Brock\* Margot J. Fawcett Ron & Rose Gibbons Anne Glanfield\* Doug van Hemessen

### DeNure Donor Wall

Joanne & Tom Johnson Lisa Kaldeway Kawartha Field Naturalists Dirk & Hennie Kookhaas\* Phil LaPenna Murray Leadbeater Pete & "Chick" MacLoghlin John & Brenda Morrison Pinewood Cottages & Trailer Park RHINO Kathy Simpson Andris Smits Sharon (Abbot) Sylvestre Amy & Tim Whitson

#### In memory of

Dave Allen Anders Andersen\* Robert E. Bellamy Shirley Bellamy Fred DeNure Susan DeNure Dr. James I.H. Fawcett Marg Fevang **Paul Fitzpatrick** Pierre Girard\* Allan (Doc) Gleeson\* Jim LaMantia David Lankin H. David Logan\* Holmes Matheson\* Evelyn R. McLean Peter McNabb Geraldine "Gerry" Moore\* Morgan O'Connell Margaret R. Price\* Elizabeth A. Richardson\* Brian Robertson\* Donald A. Rosborough\* Margaret A. Rosborough\*

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Grant Saunders Debbie Simpson Marjorie Stephenson Ray Storey W. Dale Toombs\* Helen Tripp Ron Willcocks\* Vernon "Pill" Willis Norm Winn\* Doug & Brenda Wright

#### In honour of

Molly Susanna Adams Lorne Dixon\* Clair E.J. Dowdall Patrick S. Dowdall Mary C. Ham Marilyn Heath Kayla Cathleen Henderson Dr. Julie Johnson Joe Kraan Sr. Adam W. Lackey Jonathan D.V. Lackey Luke Alexander Lackey Zack Lautenschlager Cassidy J. Murphy Egan C. Murphy\* Ellen & Dennis Patterson Ross Penton\* Barbara Rose Murray Spence Lucy A. Stephenson Karina K. Treiguts Markus M. Treiguts Catherine Wasteneys

Donor names as of April 30, 2013.

\* Names to be inscribed on the Donor Wall in Fall 2013.

## Donor Wall Categories

#### TRAIL CHAMPION

TRAIL MASTER

(Gold) \$500 - \$999

(Platinum) \$1,000 and over

**TRAIL BLAZER** (Silver) \$100 - \$499

- TRAIL MAKER
  - (Bronze) \$50 \$99

With each level of donation, a Certificate of Appreciation along with a tax receipt is sent to the donor.

New Volunteers are always welcome! See website for details or email us at kawarthatct@gmail.com

#### www.kawarthatranscanadatrail.ca

<image>

## Who We Are

The Kawartha Trans Canada Association (KTCTA) is a registered not-for-profit organization with charitable status. Our mission includes the following:

- 1. To improve the urban and rural environment by developing and maintaining a recreational trail or greenway linking communities.
- 2. To organize and participate in environmental projects designed to preserve and protect flora and fauna.
- 3. To educate and increase public awareness, appreciation, and understanding of the environment by offering courses, seminars, conferences and meetings, and by collecting and disseminating information.
- 4. To promote active and healthy lifestyles by offering courses, seminars, conferences and meetings, and by collecting and disseminating information on the trail's five core uses-hiking, walking, cycling, horseback riding and snowmobiling.

# Board of Directors

Wavne Alldred Retired Public Accountant

> John Hagarty Chief of Police

Linda Skilton Dean, Fleming College

Marnie Callaghan Mechanical Draft Person

Allen MacPherson Part-time University Professor

**Kevin Adams** Elementary Teacher, Omemee

**Bill Elliot** Retired Park Superintendent

**Kevin Williams** Director Community Services City of Kawartha lakes

> Ellen Woodward Registered Nurse

Peggy Armstrong Journalist

Blair Gibson Heart of Ontario Snowmobile Club



#### PART-TIME CERTIFICATE PROGRAM

Earn Fleming's Sustainable Trails Certificate through a combination of weekend classes, hands-on field activities and online learning. Study a full range of trails theory, and skills training relevant to your trails group, local community, employees, or government agency.

#### TOPICS OF STUDY INCLUDE:

- Trail Business Planning Education and Interpretation
- Risk Management - Ecological Sustainability - Maintenance and Signage
- Trail Planning
- Trial Design - Trail Construction
- Motorized Trail Design
- Marketing and Promotion



**Fleming College** 

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www.flemingcollege.ca

Contact Holly Archer for more information: 1-800-269-6929 ext. 3295 or holarche@flemingc.on.ca

#### UPDATED TRAIL MAP

In two years, KTCTA distributed 5,000 maps.

An UPDATED trail map will be available in May.

The map has two loop trails off the KTCT: the **Osprey Loop** (near **Omemee/Emily Park** Road) and the Alpaca Loop (near Manilla).

The maps are available at Down to Earth, CKL Tourism office and Lindsay & District Chamber of Commerce in Lindsay, and Spokes for Folks in Cambray.

# KTCT Map

The KTCTA will upgrade, develop and manage 44 kilometres of trail through the City of Kawartha Lakes. This trail stretches east to west between Peterborough County and the Regional Municipality of Durham and will be a new addition to the national Trans Canada Trail network.





# Donor Information

NAME:		
ADDRESS:		
CITY:	PROVINCE:	POSTAL CODE:
TELEPHONE:	EMAIL:	

Please make cheque payable to: KAWARTHA TRANS CANADA TRAIL ASSOCIATION

Mail to: Kawartha Trans Canada Trail Association c/o Fleming College P.O. Box 8000, Lindsay, ON, K9V 5E3 Tax-deductible receipts will be mailed to the donor.

### Is this donation in memory of someone? ( ) Or, in honour of someone? ( ) If "YES" please provide the following:

HONOUREE'S NAME:

To whom should notification of donation be sent?

NAME:		
ADDRESS:		
CITY:	PROVINCE:	POSTAL CODE:
TELEPHONE:	EMAIL:	