Fall Edition 2014



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KAWARTHA TRANS CANADA TRAIL ASSOCIATION

c/o Fleming College P.O. Box 8000 Lindsay, Ontario K9V 5E6 kawarthatct@gmail.com

Thank You Volunteers & Managing Partners



Happy Holidays Everyone!



Al MacPherson President, Kawartha Trans Canada Trail Association (KTCTA)



President's Message

Dear Kawartha Trans Canada Trail Supporters,

It has been a busy year for Kawartha Trans Canada Trail. While updating our KTCT map, we discovered and verified that our trail is actually 54 kilometres in length (well, 53.8 to be exact)—not 44 kilometres! We are thankful to our 12 Managing Partners who help us maintain all this trail distance.

KTCT continues to improve and move forward providing a quality trail experience for residents and visitors to the City of Kawartha Lakes. It continues to survive and thrive because of funding provided by financial grants from the Ontario Trillium Foundation, the Federal Government's Horizon Program, Regional Tourism 8, Trans Canada Trail, Pan Am Legacy Fund, TD Friends of the Environment Fund, and Kawartha Community Futures. Over \$100,000 in grant funds have been received and as a result, a lot of work has been completed or is underway thanks to our many volunteers including KTCTA Board of Directors, Managing Partners, and specialized consultants.

Here are some of the projects that we have completed/been working on:

- 1. Completed KTCT by connecting Dobson Street (Evans Pathway) to the Kawartha Trans Canada Trail traveling east.
- 2. Designed and installed distinctive signage (9 Gateway Signs and 22 road intersection signs) from Manilla to Ackinson Road in Peterborough.
- 3. Celebrated International Trails Day (June 7th) with a major walk and cycling event.
- 4. Planned and offered a 3-day walking and cycling program for seniors using the KTCT.
- 5. Designed, constructed and installed 7 benches and 7 bike racks along the KTCT.
- 6. Constructed (with the help of St. Thomas Aquinas High School), 2 large, heavy picnic tables for the Pickseed access point.
- 7. Colin Partridge, a KTCT volunteer, carved 2 log sculptures at Pickseed access point.
- 8. Posted an invasive species identification manual prepared by Fleming College students on the website.
- 9. Posted two KTCT promotional YouTube videos produced by Fleming College students on the website.
- 10. Preparing an up-dated KTCT business plan to be completed in March 2015.
- 11. Preparing a new KTCT website to be launched in the spring 2015.
- 12. Developing a KTCT fundraising strategy to be completed by the spring of 2015.

As you can see we have been very active. It is amazing what a small group of people can accomplish. All of the KTCTA Board of Directors have been actively involved in making these things happen. Without their support and involvement this amount of work would not have happened.

We are still faced with operational funding challenges. We need operational dollars to pay our bills (insurance, lease, supplies, such as gravel, lumber, signs etc.). Although we are successful in getting grants, most of the grant funds cannot be spent on operational costs. This is one reason we are developing a fundraising strategy.

Every year, KTCTA needs approximately \$7,000 to pay operational costs. This figure would be much higher if it weren't for our volunteers and in kind donations. We rely on contributions from people like you to pay our operational costs each year. We are grateful for your support.

We have a lot more to do on our trail to be ready for the big celebration in 2017 when Canada will be connected by the longest trail in the world. It is exciting to be part of that record. I hope you will continue to support us by donating to the Kawartha Trans Canada Trail.

Have a safe and enjoyable holiday and winter.

Sincerely,

Cel Mac Phorson

Seniors Take a Hike on the KTCT

KTCTA held a successful three-day seniors' fitness event in June. Seniors hiked, biked and pole walked on the Kawartha Trans Canada Trail on Fleming College's Frost Campus in Lindsay.

International Trails Day on June 7th , 2014 brought out dozens of seniors with family and friends on two hikes that included the Memorial Park and a guided tour of Fleming College's fish hatchery and community garden. Seniors rediscovered the joy of cycling and had the opportunity to try an electric bike and an adult tricycle.

The day for pole walking was also very popular, with participants receiving instructions from an experienced guide. Pole walking turns a simple walk into an effective aerobic activity.

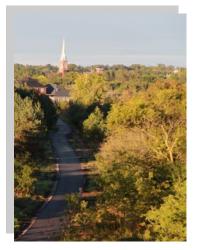
Thanks to funding from the federal government's New Horizons for Seniors program, KTCTA introduced more seniors to the pleasure of exercising on the trail.







New Trail Opening on Dobson Street



The Kawartha Trans Canada Trail is complete at last—all 53.8 kilometres!

This final section of paved trail (Evans Pathway) connects Dobson Street to the KTCT.

To commemorate this momentous occasion, we had a ribbon cutting ceremony on September 26th, 2014.



Busy Bees



Students at Mariposa Elementary School near Oakwood know all about Trans Canada Trail users; after all, their schoolyard borders the trail and they see lots of hikers and cyclists go by. But the kids know there are also many 4, 6, and 8-legged trail users. At Mariposa—as at the other two elementary schools that border the Kawartha section of the TCT—the trail provides a unique outdoor lab that plays a key role in their science programs.

In June, thanks to a generous grant from the TD Friends of the Environment Fund, students in six classes at Mariposa had an opportunity to give back and become "stewards." Working under the direction of bee-expert Susan Chan (author of *Conserving Native Pollinators in Ontario*) and retired teachers Jamie and Glenda Morris, they took steps to help a vulnerable, valuable and sometimes misunderstood class of trail users—native bees.

Shrubs and wildflowers along the trail corridor already provide abundant sources of nectar. Think of the honeysuckle and apple blossoms we enjoy in spring; milkweed, vetch and clover of summer; and asters and goldenrod of fall. But these bees benefit from nesting sites, too, and that's where this project came in.

Unlike honeybees, native bees are "solitary" and many build nests in hollow grass stems. Working in

pairs, the students put organization. The kits and packages of dried

The end results looked encouraged to think of

Some of the boxes went tor plants were available alongside the newly-



together kits prepared by the Eco-Stewards consisted of six pieces of pine, some nails, fragmites grass.

like open-fronted bird-boxes. Students were them as apartment buildings for solitary bees.

to homes where a plentiful supply of pollinaand a few went out into the schoolyard created garden beds stocked with native of the Environment Fund creat. A number

shrubs and wildflowers also paid for by the TD Friends of the Environment Fund grant. A number though were positioned on fence posts along the trail section that abuts the schoolyard.

The next time you're cycling or walking the Oakwood section of the Kawartha Trans Canada Trail look for those nesting boxes.

Look closely and you will see bees at work. It's a fascinating process (a process that any of those elementary school kids could tell you all about). The mason bees choose a stem, deposit pollen and nectar, lay an egg, seal with mud and repeat those steps until the grass stem is filled; eggs hatch, the larva form pupas, overwinter then emerge as bees.

The more of these endangered, nonstinging bees the better. So we all owe our thanks to those busy bees at Mariposa E.S.



Love Your Trail

It took 15 years to make the trail a reality, but we can be proud of completing our 53.8 kilometre section of the Trans Canada Trail in September. It's awesome to think that the Kawartha Trans Canada Trail will be a vital link in the world's longest continuous trail. However, now we need financial support to ensure the trail can be sustained and will continue to flourish.

To help us attract funds for ongoing maintenance and improvements to the trail, we retained *jacks communications* to develop a five-year fundraising strategy. This strategy will address ongoing, current and new fundraising initiatives. It will serve as a road map and will evolve over its lifespan. In October, we endorsed jacks' proposed fundraising theme and logo—Love Your Trail. We concurred with their opinion that launching our fundraising aspirations with a campaign built around a relevant theme simply makes sense. The message to "love your trail" will encourage those who use or value the trail to support it.

The long-term goal of our fundraising strategy will be to build up our current fundraising initiatives and to create new tools to help attract contributions. Our campaign will make appeals to user groups, schools, businesses, and the community at large. You will see the campaign theme and Love Your Trail logo in future communications. Additionally, you will learn more about each initiative over time. Roll-out of the campaign will commence before the fundraising strategy is complete to set the stage and build momentum for other initiatives. Key promotional vehicles will include a new general brochure, a new donation brochure, and a new trail website, currently being developed by *Forsefield Inc.* The website will be a critical portal for online contributions.

Our fundraising activities and trail promotions will continue to emphasize the environmental, educational and health benefits of the trail, and will draw attention to all contributions, both large and small. With regional promotional partnerships, we anticipate the trail and neighbouring communities will attract new tourists. By extension, we expect trail use and relevance to residents will continue to grow. Please do your part, make a financial contribution, to honour someone special or make a memorial donation.



The new Love Your Trail logo is shaped like a heart, conveying caring, personal connection and nature. The heart is compromised of two petals, and the colours-green and blue-reflect both land and water, and are consistent with the Trans Canada Trail national brand.

The Tree Spirits Await Your Arrival



© Al MacPherson

Indigenous people have always believed that trees have spirits within them. On your next adventure on the trail, visit the two cedar log sculptures carved by Colin Partridge. The images on the logs symbolize the spirits within the trees, which provide uplifting energy, cleansing, protection, prosperity and healing. The sculptures are located alongside the Kawartha Trans Canada Trail at the Pickseed Sun Shelter where the trail crosses Eldon Road, (which is south of Oakwood not far from Mariposa Elementary School). Knock on the sculpture to awaken the tree spirits inside.

Colin, who is from Thornton, Ontario, is a retired Royal Canadian Mounted Police officer, and an avid supporter of the Trans Canada Trail's vision of connecting Canada together with the longest trail in the world. Thank you, Colin for the magnificent carvings! They are a great addition to the trail.



Cyclists stop to awaken the tree spirits.

DeNure Donor Wall

TRAIL CHAMPION

Barron Cowan Dorothy DeNure **Ron Fevang Green Trails Alliance** Kawartha Lakes Community **Futures Development** Haig Kelly **Dorianne Lackey** National Trails Coalition Omemee Legacy C.H.E.S.T.

Ontario Ministry of Economic Development

PICKSEED

Sir Sandford Fleming College

TD Friends of the Environment Foundation

Trans Canada Trail

The Ontario Trillium Foundation

In memory of

Margaret Fevang Dr. Al Lackey Steven Thompson

In honour of

Hugh Davies

TRAIL MASTER

Achilles Track Club of Peterborough Marnie Callaghan Dr. T. James Cooper Elke & Richard Danziger **Carole & Bruce Glass** David Holloway **Investors Group Matching** Gift Program

Kawartha Rail Trail Peter Petrosoniak & Kathy Boyle The Siegel Family **Bill Steffler** Susan & Ed Stephenson Wylie & Marnie Suggitt Marian Sweetnam

In memory of

Liz Maxwell (from the Biker **Babes**)

In honour of

Margaret Davies Ron Fevang The Hardy Family Amanda Johnson & Stephen Dunbar **Ruth LaMantia** Claire & Jean Morgan Jan Smith Susan Stephenson George & Marian Sweetnam

TRAIL BLAZER

Dianne & Ted Abbot Wayne & Cathy Alldred Biker Babes **Blewett Printing** Hal & Hilda Bowry Cravola Canada **Dianne's Country Cooking Cycle Chicks Cycling Dudes Bill & Elaine Elliott** Bruce & Lynne Faulkner

Fowler's Corner & District Lions Club Gayle Golden **GOODWIN DESIGN** Health for Life Stan & Marion Hill Kawartha Cycling Club Kent Florist Kinsmen Club of Lindsay Gus & Ruth LaMantia Lindsay Animal Clinic Pro-

fessional Corp.

Lindsay Lions Club Jo Anne Lindsay

Barbara MacPherson

Robin & Rosemary

Maughan Joe & Joyce McGuire

Claire & Jean Morgan

Morris Veterinary Hospital

Gael Morrison

Nicholls - Eleanor (DeNure), Lawrence, Catherine (Reed), Calvin

Bernie & Lillian Nickerson **Oakwood & District Lions** Club **Omemee & District Lions**

Club

Ontario Woodlot Association

Pat & Mike O'Reilly

Lou & Judy Probst path to stillness yoga studio

Payne, Grignon Family

June & Thomas Pick

Bill & Marg Preston

Howard Robinson

Barbara Rose

John Rose

Laurie Scott Linda Skilton **Ross Smith** Sheila & John Speirs TD Canada Trust -Omemee **Doris Webster** Ron & Gillian Willcocks John & Anne Willemse

In memory of

Margaret Fevang Mr. & Mrs. S.D. Fevang John Kennedy Dr. Al Lackey Jean Luck **Bob Rodd** Marytherese Saigeon Arthur D. Truax Shane Paul Allan Wood

In honour of

Ted & Dianne Abbot Judy & Ray DeNure* Dr. Robert Drury Ainsley & Avery Herr Laurie & Jamie Lautenschlager Malone & Jack Jack M. Murphy Dale Parks est: 1950 Linda Rutherford & Nancy Pelletier - St. Andrew's Youth Fellowship Leaders Henry & Frederick Stephenson Ellen & Terry Woodward

Erin Woodward

DeNure Donor Wall

TRAIL MAKER

Carol & Bob Barkwell Benville Pet Resort Conservative Party, Haliburton-Kawartha Lakes-Brock Margot J. Fawcett Ron & Rose Gibbons Anne Glanfield Doug van Hemessen Joanne & Tom Johnson Lisa Kaldeway Kawartha Field Naturalists Dirk & Hennie Kookhaas Phil LaPenna Murray Leadbeater Pete & "Chick" MacLoghlin John & Brenda Morrison Pinewood Cottages & Trailer Park RHINO Kathy Simpson Andris Smits Sharon (Abbot) Sylvestre Amy & Tim Whitson In memory of Dave Allen

Robert E. Bellamy Shirley Bellamy W. R. Bunting Fred DeNure Susan DeNure **Eileen Drury** Dr. James I.H. Fawcett Marg Fevang **Paul Fitzpatrick Pierre Girard** Allan (Doc) Gleeson Jay Hayes* Pat Hayes Jim LaMantia **David Lankin** H. David Logan Holmes Matheson Evelyn R. McLean Peter McNabb Geraldine "Gerry" Moore Morgan O'Connell Margaret R. Price Elizabeth A. Richardson **Brian Robertson**

Anders Andersen

Jim Robinson* Donald A. Rosborough Margaret A. Rosborough Grant Saunders Debbie Simpson Marjorie Stephenson Ray Storey W. Dale Toombs Helen Tripp Ron Willcocks Vernon "Pill" Willis Norm Winn Doug & Brenda Wright

In honour of

Molly Susanna Adams Bill Coe Lorne Dixon Clair E.J. Dowdall Patrick S. Dowdall Mary C. Ham Marilyn Heath Kayla Cathleen Henderson Anthea W. Jenkins Dr. Julie Johnson Joe Kraan Sr. Adam W. Lackey Jonathan D.V. Lackey Luke Alexander Lackey Zack Lautenschlager Jean D. Mark Cassidy J. Murphy Egan C. Murphy Ellen & Dennis Patterson Nancy C. Pelletier Stephen P. Pelletier **Ross Penton** Barbara Rose **Murray Spence** Lucy A. Stephenson Karina K. Treiguts Markus M. Treiguts **Catherine Wasteneys**

Donor names as of November 25, 2014.

* Names to be inscribed on the wall.

Donor Wall Categories

TRAIL CHAMPION

(Platinum) \$1,000 and over

TRAIL MASTER

(Gold) \$500 - \$999

TRAIL BLAZER (Silver) \$100 - \$499

TRAIL MAKER

(Bronze) \$50 - \$99

With each level of donation, a *Certificate of Appreciation* along with a tax receipt is sent to the donor. <image>

New Volunteers are always welcome! See website for details or email us at kawarthatct@gmail.com

Who We Are

The **Kawartha Trans Canada Association** (**KTCTA**) is a registered not-for-profit organization with charitable status. Our mission includes the following:

- 1. To improve the urban and rural environment by developing and maintaining a recreational trail or greenway linking communities.
- 2. To organize and participate in environmental projects designed to preserve and protect flora and fauna.
- 3. To educate and increase public awareness, appreciation, and understanding of the environment by offering courses, seminars, conferences and meetings, and by collecting and disseminating information.
- 4. To promote active and healthy lifestyles by offering courses, seminars, conferences and meetings, and by collecting and disseminating information on the trail's five core uses—hiking, walking, cycling, horseback riding and snowmobiling.

Board of Directors

Allen MacPherson President Bill Elliot

Vice President

Erik Ellis Treasurer Marnie Callaghan Secretary John Hagarty Linda Skilton Ellen Woodward Ben Vandenbroek Blair Gibson George Pineau Craig Shanks

Managing Partners

The Kawartha Trans Canada Trail has 12 managing partners who volunteer their time and effort to help maintain the trail.

It is this type of community involvement that ensures the trail remains safe. Our partners from East to West: Fowler's Corner District Lions Club Omemee District Lions Club Village of Reaboro Kawartha Lakes Green Trails Alliance City of Kawartha Lakes Parks and Recreation Department Lindsay Lilac Committee Sir Sandford Fleming College Abercrombie Brothers O'Reilly Family Spokes for Folks Lunney Family Heart of Ontario Snowmobile Club



Every year at the AGM, KTCTA honours a Volunteer of the Year.

This year's recipients are Carol Lunney and Ken Lunney, Managing Partners from Little Britain.

KTCT Map

The KTCTA will upgrade, develop and manage 54 kilometres of trail through the City of Kawartha Lakes. This trail stretches east to west between Peterborough County and the Regional Municipality of Durham and is a new addition to the national Trans Canada Trail network.





Donor Information

r		
NAME:		
ADDRESS:		
CITY:	PROVINCE:	POSTAL CODE:
TELEPHONE:	EMAIL:	

Please make cheque payable to: KAWARTHA TRANS CANADA TRAIL ASSOCIATION

Mail to: Kawartha Trans Canada Trail Association c/o Fleming College P.O. Box 8000, Lindsay, ON, K9V 5E3 Tax-deductible receipts will be mailed to the donor.

Is this donation in memory of someone? () Or, in honour of someone? () If "YES" please provide the following:

HONOUREE'S NAME:

To whom should notification of donation be sent?

NAME:		
ADDRESS:		
CITY:	PROVINCE:	POSTAL CODE:
TELEPHONE:	EMAIL:	